



SEBACIOUS CYST REMOVAL

Your Guide To A Safe And Comfortable Procedure

Welcome to
SML Surgical Care

We are dedicated to delivering high quality, compassionate care. This leaflet provides you with key information about your Sebacious Cyst Removal

What It Is

Sebacious cyst - a sac under the skin which is usually filled with sebum

About The Procedure
What To Expect

Sebaceous cyst removal is a minor surgical procedure carried out under local anaesthetic in our clinic's treatment room.

Procedure Overview:

- 1. The skin around the cyst is cleaned and numbed with a local anaesthetic.
- 2. A small incision is made over the cyst.
- 3. The entire cyst sac is carefully excised to prevent recurrence.
- 4. The wound is closed with dissolvable sutures ensuring minimal scarring.
- 5. A sterile dressing is applied.

Common Causes

- Blocked Sebacious Gland Ducts
- Skin Injury Or Irritation
- Acne
- Genetic Predisposition

These cysts often appear on scalp, face, neck, back or upper chest, and are usually painless unless infected.

Aftercare:
Woundcare Advice

Proper care after your procedure is key to smooth and quick recovery:

Post Operative Instructions:

- Keep the area dry for the first 24-48 hours
- Gently clean with mild soap and water if/once advised
- Change dressings daily, or as instructed by your doctor

Duration

10-30 Minutes

Why Choose
SML Surgical Care

- Specialist-led minor surgery clinic
- Minimally invasive techniques with minimal scarring
- Calm, clinical environment with personal attention
- Transparent pricing



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