# PATIENT INFORMATION LEAFLET

# **SEBACIOUS CYST REMOVAL**

Your Guide To A Safe And Comfortable Procedure



We are dedicated to delivering high quality, compassionate care. This leaflet provides you with key information



Sebacious cyst - a sac under the skin which is usually filled with sebum



# About The Procedure What To Expect

Sebaceous cyst removal is a minor surgical procedure carried out under local anaesthetic in our clinic's treatment room.

#### **Procedure Overview:**

about your Sebacious Cyst Removal

- 1. The skin around the cyst is cleaned and numbed with a local anaesthetic.
- 2. A small incision is made over the cyst.
- 3. The entire cyst sac is carefully excised to prevent recurrence.
- 4. The wound is closed with dissolvable sutures ensuring minimal scarring.
- 5. A sterile dressing is applied.

#### **Common Causes**

- Blocked Sebacious Gland Ducts
- Skin Injury Or Irritation
- Acne
- Genetic Predisposition

These cysts often appear on scalp, face, neck, back or upper chest, and are usually painless unless infected.



# Aftercare: Woundcare Advice

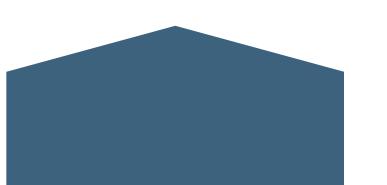
Proper care after your procedure is key to smooth and quick recovery:

### **Post Operative Instructions:**

- Keep the area dry for the first 24-48 hours
- Gently clean with mild soap and water if/once advised
- Change dressings daily, or as instructed by your doctor

### **Duration**

10-30 Minutes



# Why Choose SML Surgical Care

- Specialist-led minor surgery clinic •
- Minimally invasive techniques with minimal scarring
- Calm, clinical environment with personal attention
- Transparent pricing



- 01920 455522
- 07542 6068369



info@stanilov.net



www.stanilov.net



6-7 East Street, Ware SG12 9HJ