



SML

SURGICAL CARE

SKIN TAG REMOVAL

Your Guide to a Safe and Comfortable Procedure

Welcome to SML Surgical Care

We are committed to delivering exceptional, personalized care. This leaflet provides essential information about your upcoming Skin Tag Removal – designed to reassure, educate, and help you prepare for a smooth and confident recovery.



What is a Skin Tag?

A skin tag (also known as an acrochordon) is a small, soft, benign growth of skin that typically appears in areas where skin folds or rubs against itself.

Common Causes:

- Friction from clothing or skin-on-skin
- Hormonal changes (e.g, pregnancy)
- Ageing
- Obesity or metabolic syndromes (e.g, diabetes)

Skin tags are harmless but may become irritated or unsightly; especially if located in visible or sensitive areas.



About the Procedure: What to Expect

Skin tag removal is a quick and simple minor procedure, performed under local anaesthetic or sometimes with no anaesthetic at all, depending on the size and location. Skin tag removal is a quick and simple minor procedure, performed under local anaesthetic or sometimes with no anaesthetic at all, depending on the size and location.



Aftercare: Wound Care Advice

Caring for the site properly will ensure a smooth and complication free recovery.

Post-Operative Instructions:

- Keep the area dry for the first 24 hours
- After that, gently clean area daily with warm water and mild soap, pat dry
- If a dressing was applied, change it daily or as advised
- Avoid picking at scabs or crusts as this may lead to scarring
- Avoid strenuous activity that may stretch the area until fully healed.
- Watch for signs of infection: increasing redness, swelling or discharge
- Use simple analgesia as advised

In most cases, healing occurs within 7-10 days, with minimal to no scarring.

Book a Consultation Today



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