



SEBACEOUS CYST REMOVAL

Your Guide to a Safe and Comfortable Procedure

WELCOME TO SML SURGICAL CARE

We are dedicated to delivering high-quality, compassionate care. This leaflet provides you with key information about your Sebaceous Cyst Removal.

WHAT IS

A sebaceous cyst – a sac under the skin that’s usually filled with sebum.

COMMON CAUSES

- ✓ Blocked sebaceous gland ducts
- ✓ Skin injury or irritation
- ✓ Acne
- ✓ Genetic predisposition

These cysts often appear on scalp, face, neck, back or upper chest, and are usually painless unless infected.

AFTERCARE: WOUND CARE ADVICE

Proper care after your procedure is key to smooth and quick recovery

POST-OPERATIVE INSTRUCTIONS:

- ✓ Keep the area dry for the first 24-48 hours
- ✓ Gently clean with mild soap and water once advised
- ✓ Change dressings daily, or as instructed by your doctor

DURATION: 10-30 minutes

ABOUT THE PROCEDURE: WHAT TO EXPECT

Sebaceous cyst removal is a minor surgical procedure carried out under local anaesthetic in our clinic’s treatment room.

Procedure Overview:

1. The skin around the cyst is cleaned and numbed with a local anaesthetic.
2. A small incision is made over the cyst.
3. The entire cyst sac is carefully excised to prevent recurrence.
4. The wound is closed with dissolvable sutures ensuring minimal scarring.
5. A sterile dressing is applied.

WHY CHOOSE SML SURGICAL CARE?

- Specialist-led minor surgery clinic
- Minimally invasive techniques with minimal scarring
- Calm, clinical environment with personal attention
- Transparent pricing

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